



## Dr. Patti Juliana Joins Liberation Programs as Chief Program Officer

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Patti Juliana, Ph.D., LCSW, has joined Liberation Programs as Chief Program Officer, bringing with her over 30 years of experience as one of the region's top professionals in the field of drug and alcohol addiction treatment where she has made groundbreaking progress in the treatment of families affected by substance use and of individuals who suffer from medical and mental health problems along with substance use.

In her role as Chief Program Officer, Dr. Juliana is responsible for the leadership and management of Liberation Programs' treatment, prevention and education services including Families in Recovery, an inpatient program in Norwalk for pregnant and parenting women, Liberation House, a men's inpatient treatment program in Stamford, the Youth and Family Resource Center in Greenwich and two outpatient counseling centers – one in Bridgeport and another in Stamford.

"The number of people we serve has increased by 38% in just a few years," said Alan Mathis, Liberation Programs' President and CEO. "Dr. Juliana gives us the added strength and expertise to meet the increased demand for life saving services."

Mr. Mathis described Dr. Juliana as uniquely qualified to help further the organization tackle the challenge of chronic relapse that many persons experience.

Dr. Juliana said, "I have always believed that in order to move forward into recovery, people need a sense of belonging and of hope. Liberation Programs provides that critical foundation in keeping with my own philosophy," she said, adding, "I was immediately drawn to Liberation because they are one of the area's most progressive and innovative providers of substance abuse treatment. I am thrilled to play a role in moving the agency ahead in light of Liberation's recent growth."

Throughout her career, Dr. Juliana has integrated and coordinated comprehensive treatment services to address a wide range of behavioral health needs and to reduce the barriers to service delivery that make it harder for people to access the care they need. She is currently an adjunct

instructor at Fordham School of Social Service and has served on many substance abuse-related councils, task forces, and committees, including several of the federal Substance Abuse and Mental Health Services Administration and New York State Office of Alcoholism and Substance Abuse Services.

Dr. Juliana has conducted research studies at Albert Einstein College of Medicine and Mount Sinai Beth Israel Medical Center and has been published in a variety of journals and textbooks on issues related to families and substance abuse. She holds a Bachelor's Degree from St. John's University and both a Master's and a Doctoral Degree in Social Work from Adelphi University.